Relational Bully Quiz

1. Over the past year, have you ever started or spread a rumor or gossip about someone?
   1. Yes
   2. No
2. Over the past year have you excluded someone from you group, ignored them, or not invited them to do something on purpose?
   1. Yes
   2. No
3. Do you whisper in front of someone and purposefully not tell them what you are saying?
   1. Yes
   2. No
4. Over the past year have you threatened to end a friendship, reveal a crush to a boy without permission, or reveal a person's secrets if they did not do what you asked?
   1. Yes
   2. No
5. Do you frequently use "just kidding" or "no offense!" when talking with another girl or friend?
   1. Yes
   2. No
6. Do you feel good about making someone else feel bad or afraid of you?
   1. Yes
   2. No

If you have answered yes to any of these questions then you may have been a bully.