Nice it Forward

**GOAL:** Learn how you can use social media in a positive way to fight bullying

Kevin Curwick, a high school football player from Osseo, Minneapolis, was tired of the bullying he was seeing in his school. He decided to use social media in a positive way. He started a Twitter account and simply tweeted nice things about fellow students in his school. It has had a very positive impact on his school and community. This ***Nice it Forward*** movement has caught on, and anti-bullying Twitter accounts have popped up all over schools around the United States.

Many times students don’t know what to do about bullying in their schools. This type of positive action can let those in the school who are being bullied know that they are not alone and it encourages those in the school and community to be nicer to each other.

Work with a friend to come up with a way, using a type of social networking, that you can help combat bullying in your school and community.

**Here are some ideas:**

*1) A Twitter account and special hashtags (e.g., #endbullying).*

*2) An email system where students can ask questions about being bullied and other students can answer.*

*3) A Facebook page dedicated to stopping bullying at the school.*

Talk to your school, the principal, a teacher, the school psychologist about putting your plan in action.

**Remember: These ideas are meant to stop bullying and help victims. Never use these ideas to bully others or put others down**.